



Outer Hebrides ADP

Understanding Stigma: Promoting inclusive attitudes and practice

Overview

Stigma can have a profound impact upon the lives of people who use alcohol and other drugs or those who have a history of substance use. The impact of stigma can permeate numerous aspects of a person's life such as their health and wellbeing, relationships, education, and employment prospects, and socioeconomic status.

Commonly, family, friends, service providers and institutions often place numerous expectations on people who use substances to engage in change behaviour, however, the social context that creates and perpetuates the cycle of stigma is rarely considered or challenged. Through developing a greater awareness of the wider context that the cycle of stigma fosters and exploring our own role in reinforcing and challenging stigma, participants can identify new approaches for fostering enhanced relationships with service users.

Aim

This one-day training will give participants a distinct set of knowledge and skills to help them understand and address alcohol and drug-related stigma.

Learning Outcomes

By the end of the course you will be able to:

- Describe the impact of stigma on people who use substances, people in treatment or in recovery from substance use
- Recall language which de-stigmatises people affected by substance use.
- Describe how stigma and discrimination impact on the quality and effectiveness of service delivery.
- Identify institutional and structural stigma attached to people who use substances, people in treatment or in recovery from substance use.

Date: 14th March 2023 9.15am to 1.30pm

Remote Session to be delivered via TEAMS

Booking Information:

To book a place please chose a date from the following link:

[Understanding Stigma](#)

You may have to Create an Account if you don't already have one.

Please email: Mariem@sdf.org.uk if you have any general queries about these events.